

# Review

## A Time To Remember

Once again, we have been lucky enough to host our annual Remembrance Service with visitors from Diksmuide in Belgium. It is a service that has been happening for 25 years and highlights the importance of the RHSC Peace Project. The service, which took place on 6th November, was for Year 9 who have recently finished studying World War One in their history lessons.

This service included words from Ms McGuinness, Miss McKenna, Mr Beebe and visiting teacher Mrs Coene from Diksmuide. We were also delighted to be joined this year by Revd Richard Turk, Curate-in-Charge of the Bawdeswell Group of Churches.



We would also like to thank Ms Peace and Ms Spurrell who organised the fantastic music that accompanied the service.

Remembrance at RHSC is one of the most important weeks in the school calendar, where Belgian pupils have been hosted by our pupils and their families. This forms part of our ongoing peace project which promotes international cooperation between countries as well as promoting compassion, democracy and friendship.

Miss McKenna, History teacher.

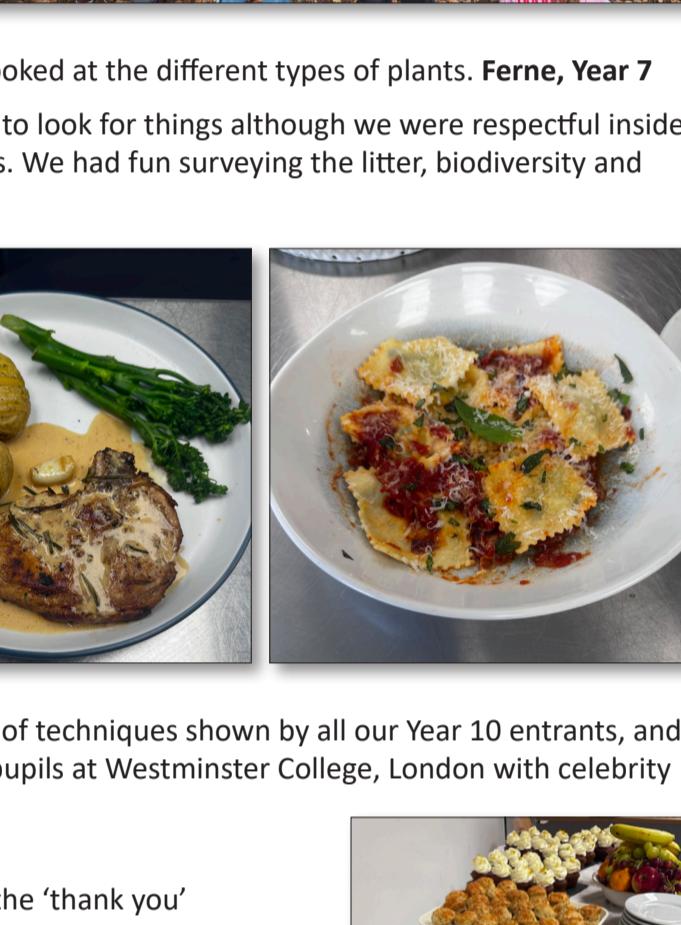
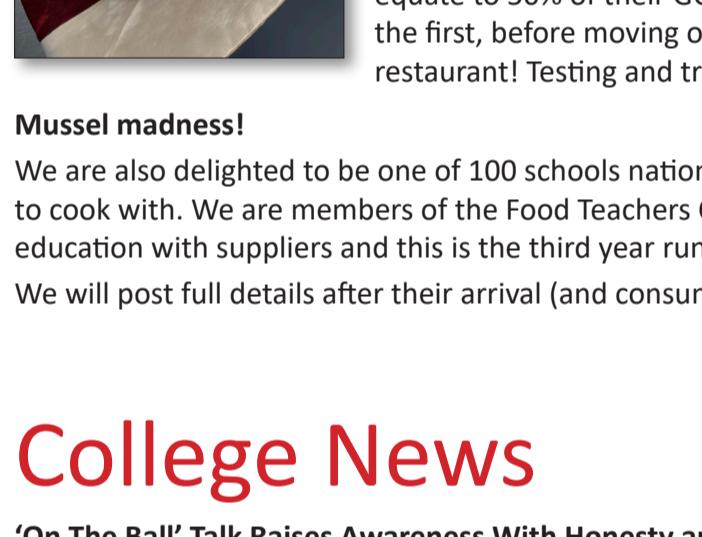
## A Fantastic Year 11 Careers Day

The Year 11 Careers Day was absolutely brilliant! Our Year 11 students were fully engaged throughout the day, asked thoughtful questions and made the most of every opportunity.

A huge thank you goes out to our amazing visiting speakers for inspiring the students with their experience and enthusiasm. Students heard from people working in healthcare, engineering, law, marketing, food, government, insurance, education, IT, construction, agriculture and the environment. It was especially wonderful to have so many alumni attending the event, reflecting on their experience of being a student at the high school and where they are now in their career.

The afternoon's activity was a mock interview session, with each Year 11 student interviewed by one of our speakers. Our visitors were very impressed with the students and have given some great feedback.

The evening careers fair was a great success with even more employers and organisations joining to share information on their industry. Thank you to students, parents and carers for supporting the event, we had fantastic attendance from students across all year groups.



It was so lovely to see so many young people chatting with employers, exploring future pathways, and getting excited about their next steps.

Thank you to everyone who helped make this event so memorable!

Mrs Edgill, Careers Adviser

## A Day at The Broads

Ranworth Broad was truly a great trip, from seeing ducks to chatting with friends. The church was one of my favourite places, we went in and saw the screens and learn the history behind it. We also went on a nature trail with Mr Halls and learned about the oak tree and collected data for our research.

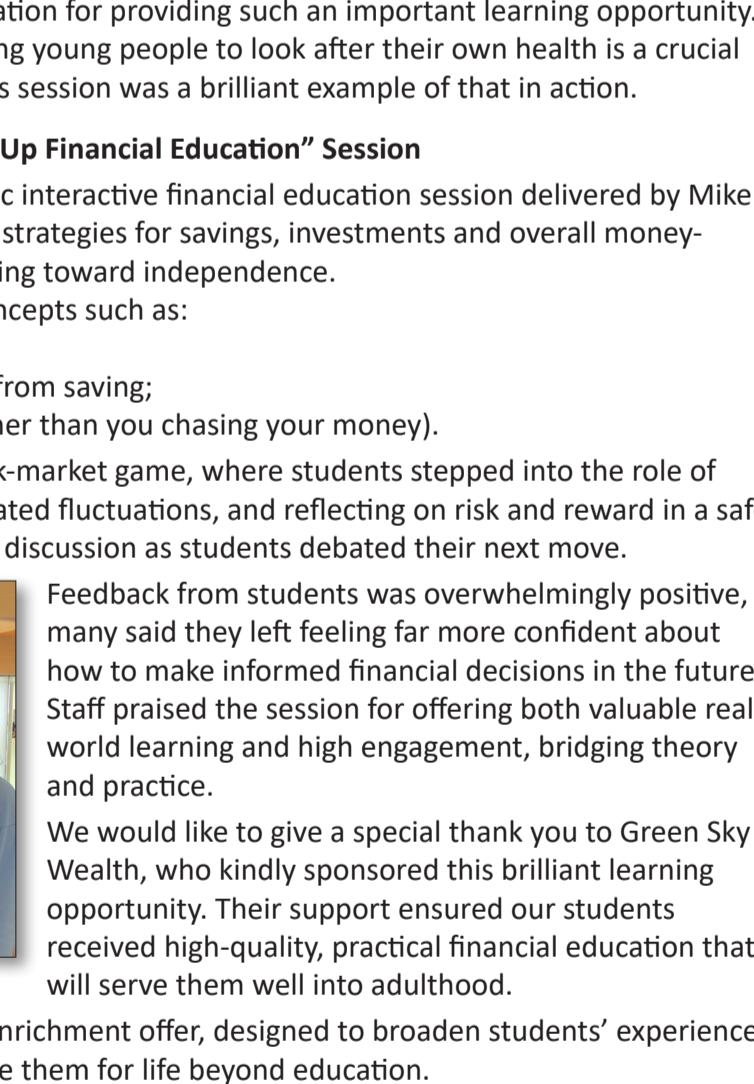
Learning about this was good and I now know lots of new plants. Ranworth is also home to lots of birds, fish and unique animals like Pike and Bittern.

Emily, Year 7

I thought the trail was the best thing because you saw lots of lovely nature. We learned that there are lots of threats to Ranworth, from invasive species, climate change and we investigated the effect of tourism.

We only went on one day so we could not see the full impact - so we could go back to get more information! Olivia, Year 7

While at Ranworth we were split into three groups and went to the staith, church and the visitor centre.



We also went on a 'safari adventure' with Mr Halls and looked at the different types of plants. Ferne, Year 7

I really enjoyed doing the church quiz because it was fun to look for things although we were respectful inside. It was a nice location with lots of wildlife and mushrooms. We had fun surveying the litter, biodiversity and noise. Mabel, Year 7

## Food Focus

### Future Chef 2025-6

Year 10 GCSE Food Prep and Nutrition pupils Hector and Reilly won the school-based heats of the national 'Future Chef'

competition and go through to the local heats at City College, Norwich.

The brief was to prepare, cook and present a main course dish that

demonstrated their culinary skills within a

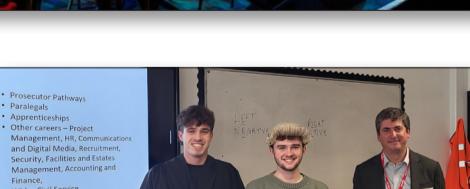
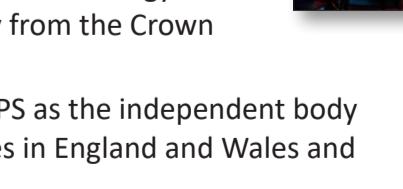
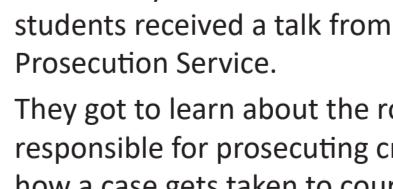
£5 budget. We were very impressed with the complexity of techniques shown by all our Year 10 entrants, and is a great sign of things to come! The national finals see pupils at Westminster College, London with celebrity chefs as judges.

### Careers Day 2025

We were honoured, once again, to be asked to cater for the 'thank you' celebratory afternoon tea for our guests attending the Careers Day event.

Mr Williams produced some incredible Viennese Whirl biscuits, carrot cake and selection of fruit scones and savoury scones with homemade onion chutney.

Thank you, Mrs Edgill, for supporting us, and also recognising and rewarding the incredibly generous employers and guests who support our young people.



### Plating skills

Continuing our work on encouraging our key stage 3 pupils to think about designing their finished dish, we were very impressed with one pupil's sweet and sour chicken dish. Throughout years 7, 8 and 9 we try to give our pupils a 'taste' of industry standards within the hospitality industry, and we are aware of a growing number who join local businesses as they come of age.

### Looking ahead

Our Year 11s are currently completing the first of two NEA assessments that equate to 50% of their GCSE. By Christmas we'll have completed and marked the first, before moving on to NEA2 which is centred around food for a pop-up restaurant! Testing and trialling their dishes will not help the waist-line, sadly.

### Mussel madness!

We are also delighted to be one of 100 schools nationally to be receiving free fresh mussels for our Year 10s to cook with. We are members of the Food Teachers Centre networking group which actively seeks to link education with suppliers and this is the third year running that we will be receiving such support.

We will post full details after their arrival (and consumption!).

Mr Baxter, Teacher of Food and Nutrition

## College News

### 'On The Ball' Talk Raises Awareness With Honesty and Impact

Our college students recently took part in an outstanding "On the Ball" testicular cancer awareness session, delivered by guest speaker Tom, whose openness, insight, and humour made a powerful impression on everyone in the room.

Tom shared his own experiences and used clear information to help

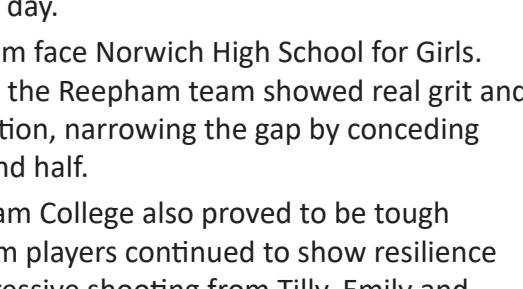
students understand the signs and symptoms of testicular cancer, the importance of regular self-checks, and the confidence to seek help early. His approachable style meant that students felt at ease asking questions, and the session struck an excellent balance between seriousness and accessibility.

Students and students alike praised the talk for being informative, engaging, and genuinely empowering. Many

such a valuable way.

We are grateful to Tom and the On the Ball organisation for providing such an important learning opportunity.

Raising awareness, reducing stigma, and encouraging young people to look after their own health is a crucial part of our college enrichment programme, and this session was a brilliant example of that in action.



Emily, Year 7

College Explore Smart Money Moves with a "WizeUp Financial Education" Session

Our college students recently took part in a fantastic interactive financial education session delivered by Mike of WizeUp Financial Education. The focus? Real-life strategies for savings, investments and overall money management. A vital skillset for young adults stepping towards independence.

Mike's session skilfully broke down key financial concepts such as:

- how to start and grow savings;
- basic investment ideas and how they differ from saving;
- how to make your money work for you (rather than you chasing your money).

What really stood out was the hands-on mock stock-market game, where students stepped into the role of investor: stood on a stage, monitoring simulated fluctuations, and reflecting on risk and reward in a safe and lively environment. The room was buzzing with discussion as students debated their next move.

We will post full details after their arrival (and consumption!).

Mr Baxter, Teacher of Food and Nutrition

Albert Hall performance

I am part of the Norfolk County Symphonic Wind Band, and I play the euphonium. We first played at Snape Maltings and then at the Symphony Hall in Birmingham. This was very well received and we were invited to play at the Royal Albert Hall on the 11th November 2025 in the Music for Youth Proms.

We represented Norfolk and Suffolk as "Sounds of the East".

We played the "Firebird Suite" by Igor Stravinsky which is described as a fiendishly hard piece and once performed, we were told that we were the only band in the whole evening to receive a standing ovation from the audience of 8,000 people.

The performance was a real success and we were all very proud of our performance.

Thea, Year 12

On Tuesday 11th November A level Law and Sociology students received a talk from Nick Bendy from the Crown Prosecution Service.

They got to learn about the role of the CPS as the independent body responsible for prosecuting criminal cases in England and Wales and how a case gets taken to court.

They also learnt about the high-profile crimes that have been successfully prosecuted in the East of England and the potential roles and opportunities available in working in the CPS.

The talk provided a really useful opportunity for students to consider career options in the criminal justice system as well as learn the role the CPS plays in the English legal system, a key component of the A-level Law course.

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